

Postpartum

							Date:					
Last	name /			First name /				Circle:	Miss	Ms.	Mrs.	Dr.
Birth date /			Age /		Dhane (hanne)		Circle a	# of pre	ferred c	ontact		
Address						Phone (home)						
City / Province / Postal Code /					Phone (Work) / Phone (cell) /							
Email	,						Occupation /					
Height	1		Weight /				Emergency Contact /					
	son for Visit /		weight 7			Have you had Acupuncture before? Yes No						
Reas							Chinese he	erbal me	dicine?		Ye	s No
Family	Physician name /				F	amily Phy	sician phone /					
Weste	rn Medical diagnosis (if applicable) $/$											
Other	medical treatment received (circle)	Phys	iotherapy	Massage Natu	ropath	v Chi	iropractic Other:					
	e indicate with a 'P' (past) 'C' (current)			-	roputi	y 011						
Flease	Heart conditions	(iai	Stroke	conditions below apply.		High bl	ood pressure		Low bloc	d press	ure	
	Diabetes		Deep vein th	rombosis			ogical condition		Spinal or	-		
	Respiratory condition		Kidney disord	der		Cancer	r		Hepatitis		<u> </u>	
	HIV / AIDS		Sprain/strain/	fracture		Osteop	orosis		Headach	ies/migr	aines	
	Jaw pain		Arthritis			Dizzine	ess/fainting		Contagio	ous illnes	s	
	Skin condition		Digestive pro	blems		Haemo	philiac		Wear a p	acemak	ker	
	Lung condition		Epilepsy						Upcomin	g surge	ries	
On th	ne figures below, please circle	the ar	eas of conce	rn/pain;		se list ar ntly taki	ny prescription medica	ation or	over the	counte	er drugs	
Sensations/pain characteristics (circle): Sharp Burning Moving Tingling Dull Severe Stabbing Shooting Throbbing Numbness				1.			2.					
				3.		4.						
				5. 6.								
					Please list herbal medicine and other supplements currently taking:							
What relieves the pain (ice, rest, activity, massage, heat)?				1.		2.						
				3. r		4.						
Ful I had the					5. 6. Please list any allergies (food, drugs, environmental, etc.):							
What aggravates the pain (weather,				1. 2.								
heat, cold, rest, activity)?			3. 4.									
				Have you been hospitalized and/or treated for any infectious/serious conditions or surgeries? If yes, briefly explain for what condition or reasons and the year (below).								
Do yo	Do you use the following? If so how often? Cigarettes: Alcohol: Drugs:Coffee:Pop:											

Do you participate in the following physical activities? If so, please indicate how often:						
Yoga:	Running:	Fitness Class:	Gym:			
Biking:	Swimming:	Walking:	Other:			

How did you hear about DeJongh Acupuncture Clinic? (Internet, Friend, Doctor, Seminar, Magazine, TV, News, etc.)

Please print, complete, and email forms before your initial appointment. Thank you.



For each symptom below that you currently have, rate its severity from 1-5 (5 being worst). Leave blank if N / A.					
Gan	Shen	Pi			
Irritability / frustration / impatience	Frequent urination	Heaviness in the head / body			
Depression	Bladder infection	Fatigue after eating			
Stress	Lack of bladder control	Difficult getting up in morning			
Emotional eating	Wake to urinate	Water retention			
Unfulfilled desires	Feel cold easily	Muscular tired / weak			
Visual problems / floaters	Cold hands / feet	Bruise easily			
Blurred vision / poor night vision	Night sweats / hot flushing	Unusual bleeding (stool, nose, etc)			
Red / dry / itchy eyes	Low sex drive	Bad breath			
Headaches / migraines	High sex drive	Poor appetite			
Dizziness	Loss of head hair	Increased appetite			
Feeling of lump in throat	Hearing problems	Crave sweets			
Muscle twitching / spasm	Crave salty food	Poor digestion			
Neck / shoulder tension	Fear	Nausea / vomiting			
Brittle nails	Poor long term memory	Bloating / gas			
Sighing	Ankle swelling	Hemorrhoids			
Sensation or pain under rib cage	Tinnitus	Constipation			
PMS		Loose stool			
Genital itching / pain / rashes	Fei	Alternate constipation / loose			
	Dry cough	Abdominal pain			
Xin	Cough with phlegm	Intestinal pain / cramping			
Palpitations	Nasal discharge / drip	Heartburn			
Chest pain / tightness	Sinus infection / congestion	Pensive / over-thinking			
Insomnia / sleep problems	Itchy / painful throat	Overweight			
Restless / easily agitated	Dry mouth / throat / nose	Foggy mind			
Vivid dreams	Skin rashes / hives	Yeast infection			
Lack of joy in life	Snoring	Aversion to cold			
Forgetful	Grief / sadness	Cold nose			
Aversion to heat	Shortness of breath	Increased thirst			
Bitter taste in mouth	Allergies / asthma	Prefer warm / cold drinks			
Tongue / mouth ulcers / cankers	Weak immune system	Sweat easily			
	Alternate fever / chills				

List your main health concerns in order of	1.	2.
importance to you:	3.	4.

On a scale of 1-10, how would you rate your daily energy level (10 being best)?

What is your occupation? Do you enjoy your work? How many hours per week do you work? Is it stressful? What are your duties?

Are your bowel movements regular? How many times per day/week? Are they formed, loose, constipated, or do they alternate from loose to difficult to pass?

Do you experience urinary frequency, urgency, burning, dribbling, retention? What colour/shade of yellow is it? Do you have a history of urinary tract infections? How many times (approx.) in your life have you taken antibiotics? How many times have you taken oral steroids?

Please describe in general what you eat, and what you crave. (sweet, spicy, salty, organic, wheat, dairy, meat, veggies, fruit, pasta, sandwiches, soups, etc.)

Do you have trouble falling asleep? Are you a light sleeper? How many hours per night? Do you have vivid dreams? If so, what are they about? Do you wake and have difficulty falling back to sleep?

If you were asked to describe yourself from an emotional standpoint, what would you say (i.e. irritable, worrier, anxious, sad, impatient, stressed, etc.)?

How many glasses of water do you drink in a day?



Baby's name:			Vaginal birth or C-section?				
Date of delivery:							
How many weeks pre	egnant at time of de	elivery?					
Caregiver's name:							
Was the delivery med	icated or non-medic	cated?					
Were any medical int	erventions used?	□□ Yes □□ No					
lf yes, what i	ntervention(s)?						
Were there any compl	lications or trauma	? 🗆 Yes 🗆 No	1				
If yes, please	e explain:						
Tearing?	🗆 Yes 🗆 No	00					
Current bleeding?	🗆 Yes 🗆 No	How long did you ex	perience lochia (postpartum bleeding)?				
Breastfeeding:							
How many tin	nes per day?	How	many times per night?				
Any complica	ations with breastfe	eding? □□ Yes □□ No					
If yes, please	e describe:						
How are you feeling	emotionally?						
Do you have other ch	nildren? □□Yes	□□No If ves	, name(s) and age(s):				
Do you have a strong							



OFFICE AND FINANCIAL POLICIES

<u>FEES</u>: The fees charged in this office are comparable to those charged by other healthcare providers in these areas, with similar qualifications. We accept cash, credit cards and personal checks. Please note there is a \$25 charge for checks with insufficient funds.

<u>PACKAGE AGREEMENTS</u>: The packages that are offered in this office are at a discounted rate from the price per treatment. **The packages are non-refundable and can not be shared.** If you suspend or terminate your care at any time, your portion of all charges on your package agreement will be immediately due and charged to this office to the credit card that's on file.

<u>INSURANCE COVERAGE</u>: Many insurance policies cover Acupuncture care, but this office makes no representation that yours does. Insurance policies may vary greatly in terms of deductibles and percentage of coverage for Acupuncture care. Because of the variance from one insurance policy to another, we require that you, the patient, be personally responsible for the payment of your deductibles, as well as any unpaid balances in this office. We will do our best to verify your insurance coverage, and will bill your insurance in a timely manner.

<u>VOLUNTARY TERMINATION OF CARE</u>: If you suspend or terminate your care at any time, your portion of all charges for profesional services is immediately due and payable to this office. All services rendered by this office are charged directly to you, and you, ultimatley will be personally responsible for payment regardless of your insurance coverage.

APPOINTMENT POLICY

Welcome to DeJongh Acupuncture Clinic. We are delighted to have you as a patient and look forward to providing you with the highest quality care. In order to optimize your relationship with us, please take a minute to read our appointment policy.

Many of our clients are pleased to find out that we are usually on time. This is because **a treatment room has been reserved for you**, whereas most medical offices overbook by appointing several patients at the same time. That kind of scheduling provides the practitioner with a steady flow of patients but does not respect the patient's time. Occasionally, there is a problem with patients who are not used to staying on schedule themselves. With that in mind, if you are going to be more than 15 minutes late, please call to confirm availability. If arriving late to appointment, patient will receive a treatment for remainder of the allotted time.

CANCELLATION POLICY

As a courtesy to our office and other patients, we ask that you please notify the office at least 24 hours in advance for any reschedule or cancellations in order to avoid the cancellation fee. This allows us time to schedule another patient that would also benefit from treatment. This appointment policy allows us to develop a mutual consideration and respect for our time and yours. **No emails or rescheduling notice will be accepted as cancellation, you must call the office to notify one of our staff members or leave a detailed voicemail.**

A valid credit card must be on file for all Booked appointments. For any cancellations or no show given less than 24 hours which will be charged the full price of treatment scheduled as a cancellation fee and consultations will inquire a \$100 fee.

Patient's name (please print)

Date

Patient's signature



Patient Information Release Request Form

Acupuncture Clinic's effort to provide me with the highest standard of integrated care, they may consult freely with other physicians and healthcare professionals, whose care I am under, regarding any of my medical treatments or relevant information. This could include the exchange of both verbal and written communications (including lab work).

I give full consent so that DeJongh Acupuncture Clinic may share personal information and my confidential treatment plan with my other healthcare providers to better my care.

(Initial)						
(to be filled out by your DeJongh Acupuncture Clinic practitioner)						
The following is an authorization to provide DeJongh Acupuncture Clinic with the following information:						
 All recent lab work results All medical records All semen tests Other: 						
Medical Services Plan (MSP) #:						
Doctor's Name:	Clinic Name:					
Clinic Phone #:	Clinic Fax #:					
I am nineteen years of age or older: o Yes o No						
Client/Patient Signature:		Date:				
Signature of parent or guardian (if applicable):						

Thank you for your prompt attention to this request. Please send information via email to admin@miamiacupunctureclinic.com or by fax to 786-329-5692. If you have any questions, please feel free to contact us.

DeJongh Acupuncture Clinic.



Notice of Patient Privacy Health Insurance Portability & Accountability Act (HIPPA)

DeJongh Acupuncture Clinic is dedicated to preserving your personal health information. We are required, by law, to protect your personal medical information and to provide you with a notice describing how your medical information may be used, disclosed and how you can access this information.

<u>Required by law</u>: We must have your written consent before we use or disclose to others your medical information for purposes of providing or arranging for your health care, the payment for or reimbursement of the care that we provide to you and the related administrative activities supporting your treatment. We may be required by law, to use and disclose your medical information for other purposes without your consent or authorization. You are provided the right to request and receive a copy of your medical information that we maintain, amend or correct that information, obtain an accounting and/or disclosure of your medical information, and/or complain if you think, your rights have been violated in any way.

We have available, a detailed, NOTICE OF PRIVACY PRACTICES, which fully explains your rights and our obligations under the law. We may revise our NOTICE from time to time. The effective date, at the bottom of this page, indicates the date of the most current NOTICE in effect.

You have the right to receive a copy of our most current NOTICE, in effect. If you have not received a copy of our current NOTICE, please ask at the front desk and we will provide you with a copy.

If you have any questions or concerns about the NOTICE or your medical information, please contact DeJongh Acupuncture Clinic at (305) 677-3214. You may also send a write complaint to the US Department of Health and Human Services.

Patient's name (please print)

Date

Patient's signature